



2026 DOUBLE DAMNED SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2. Changes to the rules may be noted elsewhere in the Notice of Race or Sailing Instructions. If the Notice of Race and Sailing Instructions are in conflict, the Sailing Instructions have precedence.

2. NOTICES TO COMPETITORS

- 2.1. Changes to the sailing instructions may be made verbally at the competitors meeting.
- 2.2. The Race Committee will communicate on VHF channel 72.

3. SCHEDULE

- 3.1. Saturday, August 8th, 2026
10:30AM – Competitor's Meeting. Late check-in Allowed for registered boats.
5 Minute Warning Signal: 11:55AM — All classes start at 12:00 noon
- 3.2. In the event that commercial traffic interferes with the starting sequence, at the discretion of the race committee, the WARNING signal may be delayed to any other time announced by the race committee via VHF. Failure to hear announcement of delayed starting time shall not be grounds for redress.

4. CLASSES

- 4.1. PHRF

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be made from the flagpole adjacent to the CGRA race office.
- 5.2. When flag AP is displayed ashore, the warning signal will not be made less than 30 minutes after the removal of AP.

6. COURSE

- 6.1. Boats may sail any course from the Start Line to the Finish Line, with the following requirements:
 - 6.1.1. All boats must leave the Hood River Event Site Buoy (Red Nun #36) to the South.
 - 6.1.2. All boats must leave the White Salmon River Buoy (Green Can #33) to the North.

7. THE START

- 7.1. The starting line will be between a red channel marker at the north end of the line, and the flag pole on the shore adjacent to the CGRA race office.
- 7.2. The starting signals shall be as defined in RRS Rule 26.
- 7.3. Boats scored OCS shall be given a 10 minute scoring penalty based on their **uncorrected** time.
- 7.4. Boats may not have a spinnaker, gennaker, code zero, or any other flying sail hoisted during the starting sequence, prior to the starting signal. A violation of this rule will be a 10 minute scoring penalty, based on uncorrected time.

8. TIME LIMIT

- 8.1. No boats shall be finished after 1800 hours Saturday Aug 9. This changes RRS 35 and Appendix A4.

9. FINISHING

- 9.1. The finish line is a line between two lighted poles ashore at either side of the entrance to the Hood River Marina.
- 9.2. As a courtesy to the Race Committee, please announce on VHF 72 when you think you are ~10 minutes from the finish line.

10. PROTESTS AND PENALTIES

- 10.1. Written protests and requests for redress must be delivered within the protest time limit to a representative of the protest committee near the finishing area.
- 10.2. The protest time limit will be 30 minutes after the last competitor crosses the finish line, retires, or otherwise ends the race, OR 30 minutes after the time limit expires, whichever is earlier.

11. SCORING

- 11.1. The Low Point Scoring System (RRS Appendix A) shall be used.
- 11.2. Corrected PHRF handicapped times will be calculated on a time-on-time basis. For a typical downwind course, an A factor of 615 and B factor of 480 will be used. The Race Committee may adjust these values should the course run, for example, upwind.
- 11.3. Any boat with a valid NCPHRF certificate may enter with the rating from that certificate. Boats without a valid NCPHRF certificate will have a rating assigned by the Race Committee. The following classes of boats, when raced in one design configuration, will be given the following ratings:

Class	PHRF Rating
J/70	114
Moore 24	150
X-Treme 32	0

Wylie Wabbit	126

12. EQUIPMENT AND OPERATING REQUIREMENTS

- 12.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 12.2. All boats must comply with the equipment requirements of US Sailing US Safety Equipment Requirements (USSER) Nearshore Category except as modified:
 - 3.6.6 Flares not required.
 - 3.7.3 Throw Line not required.
 - 3.19.1 Compass not required.
 - 3.24.3 Flashlights not required.
- 12.3. All boats must meet applicable Coast Guard requirements.
- 12.4. All boats must be equipped with either an inboard or outboard auxiliary engine. Outboard motors may be stowed below decks.
- 12.5. A boat that retires from a race for any reason shall notify the fleet at the earliest opportunity on VHF channel 72, or call/text 831 295 2517.
- 12.6. Boats must keep clear of commercial traffic at all times. Failure to do so may result in disqualification.